

Finger Stick Competency Assessment Test (CAT)

Competency Assessment testing is required for before testing. The CAT must be directly observed and signed by the HIV Prevention Section Staff. Completed CAT checklists must be filed in the technicians personnel file and a copy must be faxed to 415-476-7996.

Date: _____ **Site Name and Number:** _____

Tech / Counselor Name: _____ **Tech ID:** _____

- Gathers/arranges all materials
 - Band-aid, Cotton, Lancet, (Loop or Pipette), Alcohol Pad, Chuck, Gloves, test kit
- Frames the process to client, "I am going to collect drop of blood by doing a finger stick." "Which hand do you use, right or left handed?" Indicate the finger that will be used.
- Asks, "Do you any history of passing out or fainting when getting blood drawn?"
- Puts on gloves
- Cleans finger
- Sticks finger
- Disposes used lancet in correct container
- Wipes away first drop of blood/disposes of cotton wipe in correct container
- Uses loop or pipette to collect specimen
- Verifies that the loop or pipette is completely full
- Applies pressure to finger stick site
- Puts sample in vial or port
- Successfully stops bleeding and puts band aid on finger
- Disposes of gloves
- Washes hands before next stick.

Additional Skill Checklist

- Good communication with client, explained each step and checked in with client throughout process
- Aware of clients body language throughout process, assessing if client was comfortable or displaying early signs of passing out

Notes:

Authorized Evaluator Name: _____

(Print Full Name)

Evaluator's Signature: _____